

# *The Center for Infertility Counseling and Support*

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## Surrogate Support Group

- ◆ A professionally led support group for surrogates in all stages of pregnancy with groups and individual surrogate support held for individual agencies.
- ◆ Structured group emphasizing improving pregnancy outcomes, stress management, and overall creating successful surrogate arrangements.
- ◆ Groups meet one evening a month in Del Mar/Carmel Valley.
- ◆ Karen Hall, Ph.D. is a licensed psychologist with extensive experience in the areas of surrogacy and assisted reproduction.

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**Questions? Email Dr. Hall**  
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